

 **BREAKFAST**

 **LUNCH**

NOVEMBER 2022

IDYL

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Muffin
Fruit
Lunch
Mac & Cheese
Steamed Broccoli
Bread and Fruit

1

Breakfast

Waffle with sausage
Fruit
Lunch
BBQ Chicken
Sweet Potatoes
Hushpuppies and Fruit

2

Breakfast

Super Donut
Fruit
Lunch
Turkey and Cheese sandwich
Baked Beans
Fruit

3

Breakfast

Banana Bread
Fruit
Lunch
Beefaroni
Garden Salad
Bread
Fruit

4

Breakfast

Sausage Biscuit
Fruit
Lunch
Chicken Cheese Tacos
Black Beans
Fruit

7

Breakfast

Bagels
Fruit
Lunch
Meatball Pasta in Marinara Sauce
California Medley
Bread
Fruit

8

Breakfast

French Toast Sticks
Fruit
Lunch
Cheeseburger
Baked French Fries
Fruit

9

Breakfast:

WW Apple Cinnamon Muffin ; Fresh Pear
Lunch: Chicken and Waffles
with syrup
Collard Greens
Baked Cinnamon Apples

10

Breakfast:

Super Donut
Fresh Orange
Lunch: Chicken Alfredo with wg pasta
noodles
Glazed Carrots
Fresh Banana

11

Breakfast

Pancakes with syrup
Fruit
Lunch
Turkey & Cheese Sandwich
Baby Carrots w/ Ranch Dressing
Fruit

14

Breakfast

Muffin
Fruit
Lunch
Teriyaki Chicken w/ Rice
Steamed Broccoli
Fruit

15

Breakfast

Waffle with sausage
Fruit
Lunch
Turkey Hot Dogs on Bun
Green Beans
Fruit

16

Breakfast

Banana Bread
Fruit
Lunch
Meatballs in Gravy
Mashed Potatoes
Bread
Fruit

17

Breakfast

Super Donut
Fruit
Lunch
Chili Cheese on tortilla
Pinto Beans
Fruit

18

Breakfast

Sausage Biscuit
Fruit
Lunch
Chicken Nuggets
Steamed Broccoli
Bread
Fruit

21

Breakfast

Bagels
Fruit
Lunch
Turkey W/Gravy & Dressing
Green Beans
Cinnamon Apples
Roll

22

**Thanksgiving Break
No School**

23

**Thanksgiving Break
No School**

24

**Thanksgiving Break
No School**

25

Breakfast

Sausage Croissant
Fruit
Lunch
Chicken Tenders
Corn
Bread and Fruit

28

Breakfast

Muffin
Fruit
Lunch
Mac & Cheese
Steamed Broccoli
Bread and Fruit

29

Breakfast

Waffle with Sausage
Fruit
Lunch
BBQ Chicken
Sweet Potatoes
Hushpuppies and Fruit

30



Milk Selections: 1% Unflavored Milk, Chocolate Low Fat Milk, and Lactose-Free Milk
Food Service By: The Famous Chicken Hut – 3019 Fayetteville St. Durham NC 27707
Menu subject to change due to product availability