

BREAKFAST
LUNCH

MAY 2023

IDYL

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Sausage Biscuit
Fresh Orange

Lunch

Chicken Cheese Tacos WG Tortilla
Black Beans
Fresh Apple

1

Breakfast

Bagels and fresh apple

Lunch

Turkey Meatballs WG Pasta in Marinara
Broccoli, carrots, cauliflower
WG Bread Fresh Banana

2

Breakfast: Cheese Grits and Sausage

Fresh Banana

Lunch: Cheeseburger WG Bun
French Fries Fresh Orange

3

Breakfast

Apple Muffin
Fresh Apple

Lunch

Chicken & Waffles
Collard Greens
Applesauce

4

Breakfast:

Super Donut
Orange Juice

Lunch

Chicken Alfredo
Steamed Carrots
Fresh Apple

5

Breakfast

French Toast with syrup
and sausage with Fresh Fruit

Lunch

Hot Dog wg bun
Baby Carrots w/ Ranch Dressing
Fruit

8

Breakfast: WW Muffin

Fresh Pear

Lunch: Teriyaki Chicken

WG Rice
Seasoned Broccoli
Fresh Orange

9

Breakfast: WG Waffle with syrup
and Sausage

Fresh Apple

Lunch: Beefaroni with turkey meat
Green Beans
Applesauce

10

Breakfast: Banana Loaf Bread
Fresh Orange

Lunch: Smothered Turkey Meatballs

w/ gravy
WW Bread
Fluffy Mashed potatoes
Fresh Apple

11

Breakfast: Super Donut and 100%
Apple Juice

Lunch: WG Tortillas w/Beef Chili and
Pinto Beans Fresh Orange

12

Breakfast

Sausage Biscuit
Fresh Fruit

Lunch

Chicken Nuggets
Broccoli
Bread/Fruit

15

Breakfast: Bagels with Cream Cheese
Fresh Pear

Lunch: WG Spaghetti with Turkey
Meat and cheese
Seasoned Green Beans
Fresh Apple

16

Breakfast
Pancakes with syrup and sausage

Fresh Apple

Lunch

Chicken Filet Sandwich
Baked Beans
Fresh Orange

17

Breakfast: WG Muffin
Fresh Orange

Lunch: Salisbury Steak with Gravy
Mashed Potatoes
WG Bread and Apple Sauce
Snack: Strawberry yogurt and
graham crackers

18

Breakfast

Super Donut
Fresh Apple

Lunch

Cheesy pizza bread
Baby Carrots w/Ranch
Fresh Fruit

19

Breakfast

Cheese Grits and sausage
Fresh Fruit

Lunch

Chicken Tenders
Yellow Corn
WG Bread/Fruit

22

Breakfast: WW English Muffin w/ Jelly
Fresh Apple

Lunch
Cheesy Mac and Cheese
WG Roll

Seasoned Broccoli
Fresh Orange

23

Breakfast: Waffle with Syrup Fresh
Orange

Lunch: BBQ Chicken Sweet
Potatoes
Hushpuppies Fresh Apple

24

Breakfast
Banana Bread
Fresh Apple

Lunch

Hot Dogs
Baked Beans
Peaches

25

Breakfast
Super Donut
Fresh Orange

Lunch

Beefaroni with turkey meat
Green Beans
WG Bread
Apple Sauce

26

29

Memorial Day Holiday

Breakfast

Bagels and fresh apple

Lunch

Turkey Meatballs WG Pasta in Marinara
Broccoli, carrots, cauliflower
WG Bread Fresh Banana

30

Breakfast:

French Toast with syrup and
Sausage

Fresh Banana

Lunch:

Cheeseburger WG Bun
French Fries
Fresh Orange

31

Food service by: The Famous Chicken Hut – 3019 Fayetteville St, Durham, NC 27707

Monday

Tuesday

Wednesday

Thursday

Friday

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