

 **BREAKFAST**

 **LUNCH**

SEPTEMBER 2023

IDYL

Monday

Tuesday

Wednesday

Thursday

Friday



<p>Monday</p> <p>4</p> <p>Labor Day No School</p>	<p>Tuesday</p> <p>5</p> <p>Breakfast: WW English Muffin w/ Jelly Fresh Apple Lunch: Cheesy Mac and Cheese WG Roll Seasoned Broccoli Fresh Orange Snack: Ritz Crackers and Cheese Stick</p>	<p>Wednesday</p> <p>6</p> <p>Breakfast: Grits and Sausage Fresh Fruit Lunch: Classic Grilled Cheese Sandwich on ww bread Glazed Baby Carrots Applesauce Snack: Yogurt and Graham Crackers</p>	<p>Thursday</p> <p>7</p> <p>Breakfast: Banana Bread 100% Fruit Juice Lunch: Baked BBQ Chicken Baked Beans WG Hushpuppies Fresh Fruit</p>	<p>Friday</p> <p>1</p> <p>Breakfast: Super Donut 100% Fruit Juice Fresh Fruit Lunch: Cheese Sticks with marinara sauce Veggies Fresh Fruit</p> <p>8</p> <p>Breakfast: Super Donut Fresh Fruit Lunch: Beefaroni House Salad w/ shredded carrots & ranch WW Roll & Fresh Fruit</p>
<p>11</p> <p>Breakfast: Sausage Biscuit Fresh Fruit Lunch: Chicken & Cheese Tacos on flour tortilla Black Beans Fresh Fruit</p>	<p>12</p> <p>Breakfast: Bagels w/Cream Cheese Fresh Fruit Lunch: Meatball Pasta in Marinara Sauce California Blend Veggies WW Bread Fresh Fruit</p>	<p>13</p> <p>Breakfast: French Toast with sausage Fresh Fruit Lunch: Cheeseburger Baby Carrots w/Ranch Fresh Fruit</p>	<p>14</p> <p>Breakfast: WW Muffin Fresh Fruit Lunch: Chicken & Waffles w/Syrup Collard Greens Fresh Fruit</p>	<p>15</p> <p>Breakfast: Super Donut Fresh Fruit Lunch: Turkey Bean & Cheese Burrito French Fries Fresh Fruit</p>
<p>18</p> <p>Breakfast: Grits and sausage Fresh Fruit Lunch: Grilled Turkey Ham & Cheese WG Deli Sandwich Green Beans Fresh Fruit</p>	<p>19</p> <p>Breakfast: WW Muffin Fresh Fruit Lunch: Chicken & Rice Seasoned Broccoli Fresh Fruit</p>	<p>20</p> <p>Breakfast: Waffle syrup and sausage Fresh Fruit Lunch: Hot Dog Baby Carrots w/Ranch Fresh Fruit</p>	<p>21</p> <p>Breakfast: Banana Bread Fresh Fruit Lunch: Turkey Meatballs w/gravy Fluffy Mashed Potatoes WW Bread Fresh Fruit</p>	<p>22</p> <p>Breakfast: Super Donut Fresh Fruit Lunch: Tortilla w/ Beef Chili & Cheese Pinto Beans Fresh Fruit</p>
<p>25</p> <p>Breakfast: Pancakes with sausage 100% Fruit Juice Lunch: Chicken Nuggets w/Ketchup Baked Beans WG Roll & Fresh Fruit</p>	<p>26</p> <p>Breakfast: Bagels w/Cream Cheese Fresh Fruit Lunch: Spaghetti w/ turkey Meat & Cheese Seasoned Greens Fresh Fruit</p>	<p>27</p> <p>Breakfast: Sausage Biscuit Fresh Fruit Lunch: Grilled Chicken & Cheese Deli Wrap Baby Carrots w/ Ranch Fresh fruit</p>	<p>28</p> <p>Breakfast: WW Muffin Fresh Fruit Lunch: Cheese Breadsticks w/ marinara sauce Seasoned Broccoli Fresh Fruit</p>	<p>29</p> <p>Breakfast: Super Donut Fresh Fruit Lunch: Salisbury Steak Mashed Potatoes WW Bread Fresh Fruit</p>

All school meals are served with a selection of Unflavored, Chocolate, and Lactose Free milk choices. Menu subject to change due to product availability.
Food service by: The Famous Chicken Hut – 3019 Fayetteville St, Durham, NC 27707