

MENU

SEPT
EMBER

IDYL -Durham

	B: Cereal Fruit/Milk Lunch WG Spaghetti w/ Marinara Meat sauce Green Beans Fruit/ Milk	B: WG Waffles w/Syrup Fruit/Milk Lunch Meatballs with gravy WG Roll Potatoes Fruit/Milk	B: Cherry Strudel Stick Apple/Milk Lunch Chicken Tenders w/ WG Roll Steamed Broccoli Fruit/Milk	B: Super Donut Fruit/Milk Lunch WG Cheese Pizza Salad Fruit/ Milk
Labor Day	B: Cereal Fruit/Milk Lunch WG Spaghetti w/ Marinara Meat sauce Green Beans Fruit/ Milk	B: Oatmeal Fruit/Milk Lunch Meatball WG Sub Roll w/, Marinara Glazed Baby Carrots Fruit/Milk	B: Banana Muffin Fresh Apple/Milk Lunch Chicken Soft Tacos WG Tortilla w/Cheese Pinto Beans Fruit/Milk	B: Super Donut Fruit/Milk Lunch WG Cheese Pizza Salad Fruit/Milk
B: Warm Sausage Biscuit Fruit/Milk Lunch Cheeseburger on Bun Potato Fries Fruit/Milk	B: Yogurt with Graham Crackers Fruit/Milk Lunch WG Spaghetti w/ Meat sauce Green Beans Fruit/Milk	B: Fluffy Pancakes w/Syrup Fruit/Milk Lunch Chicken Nuggets/ WG Roll Baked Beans Fruit/Milk	B: Bagel w/Cream Cheese Fruit/Milk Lunch Baked Chicken, Mashed Potatoes, WG Roll Fruit/Milk	B: Super Donut Fruit/Milk Lunch WG Cheese Pizza Salad w/Carrots Fruit/Milk
B: Cheese Grits Fruit/Milk Lunch Crispy Chicken WG Wrap, Baked Beans Fruit/Milk	B: Cereal Fruit/Milk Lunch WG Spaghetti w/ Marinara Meat sauce Broccoli Fruit/ Milk	B: French Toast Sticks w/Syrup Fruit/Milk Lunch BBQ Chicken , Cabbage WG Roll Fruit /Milk	B: Cinnamon Bun Applesauce/Milk Lunch Cheesy Macaroni & Cheese Glazed Carrots Fruit/Milk	B: Super Donut Fruit/Milk Lunch WG Cheese Pizza Yellow Corn Fruit/Milk
B: Oatmeal Fruit/Milk Lunch Chicken Sandwich Filet on Bun Baked Beans Fruit/Milk	B: Cereal Fruit/Milk Lunch WG Spaghetti w/ Marinara Meat sauce Green Beans Fruit/ Milk	B: Sausage Biscuit Fruit/Milk Lunch Meatballs with gravy WG Roll Potatoes Fruit/Milk		

USDA is an equal opportunity provider,
employer, and lender.

This is an equal opportunity provider
Menu is subject to change

*WG=Whole Grain
*Juice is 100% fruit

